

DO YOU HAVE INFLAMMATORY ARTHRITIS (IA)?

We are looking for people with IA willing to become a
PEER MENTOR
to provide one-on-one support to
individuals who are newly diagnosed with IA

STUDY TITLE

Peer to Peer Mentoring: Facilitating Individuals with Early Inflammatory Arthritis to Manage their Arthritis: *Peer Mentor Training*

ELIGIBILITY

- Diagnosis of IA (e.g., ankylosing spondylitis, psoriatic arthritis, rheumatoid arthritis) for more than 2 years from a doctor
- Currently using medications (DMARDs/biologics) to treat arthritis
- Aged 18 years or older
- Able to understand, read and speak in English
- Able to participate in two approximately 5-hour training sessions (10 hours in total)
- Able to take part in ongoing assessment/evaluation activities
- Able to commit to the duration of the research study
- Willing to provide ongoing one-on-one support to an individual newly diagnosed with IA;
- Able to speak, understand, read and write in English

**FOR MORE INFORMATION AND TO PARTICIPATE,
PLEASE CONTACT:**

Dr. Mary Bell (Principal Investigator)

Division of Rheumatology, Sunnybrook Health Sciences Centre
Department of Medicine, University of Toronto
(416) 480-4580 or mary.bell@sunnybrook.ca